

IFOSFAMIDE (Ifex)

Type of Drug: Alkylating Agent

How is it Given?

- Intravenous (IV) – into a vein or central line

How Does it Work?

- Interferes with the growth of cancer cells

Common Side Effects:

- Low blood counts
- Nausea/Vomiting
- Hair Loss
- Bladder irritation (may see blood in urine)
- Diarrhea

Less Common Side Effects:

- Abnormal liver function tests
- Kidney problems
- Skin rash
- Confusion, sleeplessness, loss of balance (rare)

Note:

- Your urine and fluid output will be monitored closely because this drug can irritate the bladder. You will be given lots of IV fluids during and after your infusion. While receiving this chemo, you will be asked to pass urine every 2-3 hours during the day and night. You will also be given a drug called **mesna** that helps protect the bladder. It is important to drink as much fluids as possible.
- Immediately report any painful urination or blood in urine.